

Public Health Nutrition

2-YEAR CURRICULUM

SCHOOL-WIDE REQUIRED COURSES (18 units)

- +PBHLTH 142 Introduction to Probability & Statistics in Biology and Public Health, 4 Units (Fall 1)
- PBHLTH 200J Health Policy & Management Breadth Course, 2 Units (Fall 1)
- PBHLTH 200K Environmental Health Sciences Breadth Course, 2 units (Spring 1)
- PBHLTH 200L Health and Social Behavior Breadth Course, 2 units (Spring 1)
- +PBHLTH 250A Epidemiologic Methods I, 3 Units (Fall 1)
- PBHLTH 291A Public Health Leadership, 2 Units (Fall or Spring)
- PBHLTH 297 Public Health Field Placement, 3 Units (Fall 2 Only)

+This requirement may also be fulfilled by passing an exemption exam or by completing an SPH-approved higher-level alternative course (see SPH Student Handbook for a complete list of approved alternatives).

PUBLIC HEALTH NUTRITION REQUIREMENTS (8 required courses)

- **PBHLTH 206** Critical Issues in Public Health Nutrition, 2 Units (Fall 1)
- **Choose at least ONE Human Nutrition Course**
 - *PBHLTH 206C Nutritional Epidemiology, 3 Units (Spring)
 - *PBHLTH 207A Public Health Aspects in Maternal and Child Nutrition, 3 Units (Fall)
 - PB HLTH 266A Foodborne Diseases, 2 Units (Spring)
 - NUSCTX 260 Metabolic Bases of Human Health and Diseases, 4 Units (Spring)
- **Choose at least ONE Food/Nutrition Policy Course**
 - *PB HLTH 206B Food and Nutrition Policies and Programs, 3 Units (Spring)
 - *PB HLTH 206D Food and Nutrition Programs & Policies in Developing Countries, 3 Units (Fall)
 - ARESEC 241 Economics and Policy of Production, Technology, and Risk in Agricultural and Natural Resources, 3 Units (Fall)
 - LAW 220F Food Law and Policy, 3 Units (Spring)
 - PUB POL 290 The Fight for Food Justice 3-4 Units (Fall)
- **Choose at least ONE Food Systems Course:**
 - *PBHLTH 207 Transformative Food Systems (Fall)
 - ESPM 230 Sociology of Agriculture, 4 Units (Fall)
 - ESPM 261 Sustainability and Society, 3 Units (Fall)
 - MBA 292N Food Venture Lab, 2 Units (Fall)
- **Choose one focus area – A) Program Planning OR B) Nutrition Epi:**
 - A. Program Planning: PBHLTH 205 Program Planning, 4 Units (Spring) AND choose 2 from below:
 - PBHLTH 218B Evaluation of Health and Social Programs, 4 Units (Fall 2)
 - *PBHLTH 219E Qualitative Methods, 3 Units (Spring)
 - W219 Survey Methods (Spring, 3 units)
 - B. Nutrition Epidemiology: *PBHLTH 206C Nutritional Epidemiology, 3 units (Spring) AND choose 2 from below:
 - PBHLTH 241 Categorical Statistics, 4 Units (Spring)
 - PBHTLH 245 Multivariate Statistics, 3 Units (Fall)
 - PBHLTH 250B Epidemiological Methods II, 3 Units (Spring)
- **Integrative Learning Experience:** See next page for more details.

**These courses are also approved for use as ILE Courses if taken in your final year of studies. NOTE: If you choose a particular class as an elective, you will need to choose a different ILE course.*

Not all courses are taught every year. Check Course Schedule for updated information.

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Integrative Learning Experience

The Council on Education in Public Health (CEPH), our accrediting body, requires that all students complete a Integrative Learning Experience. The ILE requirement is designed to review, integrate, and apply concepts and methods presented in the core courses and will demonstrate synthesis of foundational and concentration competencies. The ILE must be taken for a letter grade and must be completed in the final year of the program. Students will present their ILE work for faculty, mentors, and peers at the annual Public Health Nutrition Soiree in May. Oral presentations will be 5 minutes in length.

Your ILE will be the accepted coursework from a list of approved courses (below). The pre-approved rigorous graduate-level course should provide the knowledge and skills you seek in an integrative and culminating experience. The written assignment product of the course chosen will serve as your ILE paper, and will need to be submitted to the program prior to graduation (details for submission TBD). The topic of the course and/or paper needs to be related to food/nutrition, physical activity, etc. Your ILE course must be taken in ***your final year*** of studies.

Approved ILE Courses for PHN Students:

- PBHLTH 204A Mass Communications (Fall)
- PB HLTH 206B Food and Nutrition Policies and Programs (Spring)
- PBHLTH 206C Nutritional Epidemiology (Spring)
- PBHLTH 206D Global Nutrition (Odd Years, Fall)
- PBHLTH 207A Public Health Aspects in Maternal and Child Nutrition (Fall)
- PBHLTH 219E Qualitative Methods (Spring)
- PBHLTH 220D Health Policy Advocacy (Fall)
- PBHLTH 207 Transformative Food Systems (Fall)
- CY PLAN C256/PB HLTH C233 Healthy Cities (Fall)
- Other courses by approval. Please meet with a faculty advisor if you wish to request a course not listed above.

Please note that not all courses are taught every year. Check the Course Schedule for most updated information.